Films have a “Point of View” that is constructed through different elements of form and narrative, from where the camera is placed to who is writing the script. This POV – or “the gaze” -- tells us “who we are” when watching a film (or look at a painting). We will explore Laura Mulvey’s original theory of the gaze from the 1970s and then consider how – or if – it changes in films up to the present day, exploring literal points of view, subjective and unreliable narrative, the way films make us identify with the “wrong” characters, define normality, the way changing a POV changes meaning, and the how the same story changes over time, across cultures or between directors.